

Annual Report



Promoting a Better Understanding of Human Sexuality in Africa

2002





Promoting a Better Understanding of Human Sexuality in Africa

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Public Education and Information Exchange

Promoting Dialogue

In 2006, the ARSRC continued to build a critical mass of people on the African continent who are more knowledgeable of sexuality and sexual health issues through implementation about strategic programme; and participation in activities that foster open and sincere dialogue on issues that promote safe, responsible and pleasurable sexuality on the continent. In 2006, as in the previous three years, the Centre organised the Understanding Human Sexuality Seminars in the ARSRC focus countries of Egypt, Kenya, Nigeria and South Africa; engendering cross-cultural analysis and dialogue on four broad thematic areas. Staff of the ARSRC also participated in continental and global-level conferences on sexuality, sexual and reproductive health and rights.

1.1The Understanding Human Sexuality Seminar Series

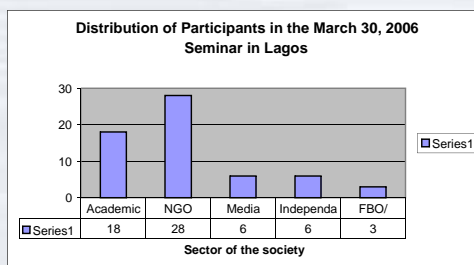
Table 1

Quarter	Theme
1	Sexuality within Marriage: Between Health, Rights and Duty
2	Sexuality in Silenced Spaces: Disability and Old age
3	Culture, Femininity and Sexuality
4	Sexual Violence in the Public Sphere: Myths, Facts and Responses

The ARSRC continued its decentralised public dialogue on sexuality issues in Africa through the Understanding Human Sexuality Seminar series which were organized in the four focal countries and provided a forum for the exchange of ideas, lessons learned and advocacy that will expand and shape the discourse, thinking and action on sexuality on the continent. The seminar series also contributed to the documentation of views, experiences and emerging knowledge on sexuality-related issues in Africa while promoting healthy, respectful, responsible and pleasurable sexuality. The 2006 seminars examined key sexuality concerns on the continent. Please see Table 1 for the 2006 seminar themes.

It is interesting to note that a number of the seminars in 2006 were hosted by tertiary and academic institutions - the University of Ibadan in Nigeria; and the universities of Fort Hare and KwaZuluNatal in South Africa. Seminars also took place in the Women's Legal Centre in Johannesburg and Masimanyane Women's Centre East London; both in South Africa, under the auspices of the ARSRC's institutional partner in South Africa, the Health Systems Trust

Table 2



Case study of the First Quarter Seminars

The 2006 series opened with the seminars organized in Nigeria and Nairobi. Over 140 participants from various sectors of the society (civil society organizations, religious organizations, academic institutions, and the media) participated in the lively debates on the topic, *'Sexuality within Marriage: Between Rights, Duties and Health'*.

The seminar in Nigeria attracted over 61 participants not only from Lagos but also from as far afield as Ibadan and Ile-Ife in the southwest, and Benin City in the south-south region of the country. The 2006 first

One of the exciting thematic focus areas for the 2006 seminars was *“Sexuality in Silenced Spaces: Disability and Old age”*. Mathabo Motlingoane, made a presentation on this in South Africa at the seminar held in the University of KwaZulu Natal. Motlingoane who is from Lesotho is a graduate student in Gender and Education at the University of KwaZulu Natal. Prior to this, she was a natural science teacher in Lesotho for twelve years.

“I Never Thought They Did It Too ...!” was the title of Motlingoane's presentation on the sexuality of people with disabilities. The phrase which served as the title of her paper was the reaction of a friend to a news item about a woman overseas who married and had a baby despite having had both her legs amputated above the thighs.

“People don't understand that this woman had everything she needed to have sex and make a baby,” Motlingoane explained.

“For this reason, I focused my study on sexuality and the need for sexuality education in the context of disability.”



quarter seminar in Kenya attracted 84 participants from various places including Nairobi, Kikuyu, Uthiru, Katito, Nyamiramachakos and Haiti. Attendees came from academic institutions, civil society organizations, public administration and religious organizations.

Impact of the Cross-Continent Dialogues

“The implication of sexual harassment is too much to bear. It calls for national interest in finding a lasting solution to the problem” Participant at the *Understanding Human Sexuality Seminar*, University of Ibadan, Nigeria, October 2006

First time participants in the *Understanding Human Sexuality Seminars* organized in four countries: Egypt, Kenya, Nigeria and South Africa, often come to the seminars, not really knowing what to expect. But at the end, participants are often surprised by the information they receive about issues happening all around them and directly impacting their lives.

A participant observed during a mini-survey conducted at the end of the seminar held in Ibadan, Nigeria, *“I will like the group to bring this kind of seminar to the grassroots level .. to the village square, churches and mosques”*. Another participant observed, *“There should be information in the mass media about your seminars because they are very educative and informative”*.

What is it about the ARSRC seminars that arouses such interest and keen debate to the extent that participants often ask for more time and extended sessions? The themes of the seminars are carefully selected to reflect contemporary sexuality and sexual health concerns that are ordinarily not discussed in academic or other public contexts. Usually, sexuality issues are relegated to secret spaces and discussed in hushed tones. The ARSRC seminars in Africa are bringing legitimacy to the discipline of sexuality studies by bringing into the open issues that are relevant, pertinent and of grave importance for the socio-economic development of the continent.



The ARSRC seminars are special because they provide open and safe spaces for cross fertilization of important ideas and knowledge. The seminars utilize experts in the field and researchers from the continents' academic institutions and laboratories with decades of experience; and providing an enabling environment for these experts to dialogue with the practitioners who implement development projects in the field as well as others who are not involved in research and programming but who experience in their everyday lives, the issues discussed at the seminars. Oftentimes, attendees have a lot of unanswered questions, important ideas and lived experiences which they want to share. Thus, the seminar series is extending the sexuality and sexual health debate in novel ways, promoting networking and engendering the re-thinking and the formulation of policies.

Available information on the ARSRC website clearly shows that the seminars are providing valuable information and knowledge to thousands of people. From January-October 2006, the seminar papers on the website recorded over 26,281 downloads. June 2006 alone recorded nearly 2000 downloads of the seminar proceedings.

As the proceedings and reports were downloaded in 38 African countries in June 2006 alone, the product of the cross-continental dialogue is reaching almost the whole of Africa. It is really encouraging to know that the seminar and the website are serving people and institutions all over Africa and not just in the focal countries.

The ARSRC also participated in various sexuality seminars, conferences and events organised by the centre or where the centre was represented. Some of these are highlighted below.

¹The African countries where seminar papers were downloaded in June 2006 are South Africa, Egypt, Kenya, Algeria, Sudan, Morocco, Ethiopia, Uganda, Angola, Nigeria, Tanzania, Cote D'Ivoire, Ghana, Tunisia, Gabon, Burkina Faso, Senegal, Zambia, Namibia, Cameroon, Malawi, Mauritius, Lesotho, Zimbabwe, Mozambique, Libya, Rwanda, DR Congo, Mali, Swaziland, Central African Republic, Togo, Sao Tome and Principe, Madagascar, Botswana, Burundi, Gambia

1.2 ARSRC Hosts Panel at Nairobi Conference on Sexual Health and Rights



Richmond Tiemoko, ARSRC Director discusses with guests at a pre-conference cocktail hosted by the ARSRC



ARSRC Panel drew a sophisticated and capacity audience at the Nairobi conference



Dr. Aminu Garba presenting the outcomes of his post-SLDF research at the Nairobi conference on sexual rights

The ARSRC, in collaboration with the African Federation of Sexual Health and Rights (AFSHR), Planned Parenthood of America International and other organizations working in Sexual and Reproductive Health, and development partners convened and sponsored the 2nd Africa Conference on Sexual Health and Rights which took place in Nairobi, Kenya, June 19-21, 2006 at the Hilton Nairobi Hotel.

The conference, with the theme “Sexuality, Economics and Development in Africa”, brought together over 400 professionals, practitioners, scholars and political activists from over 20 countries in Africa and other parts of the world. Also in attendance were key government officials including the Hon. Vice President of the Republic of Kenya, His Excellency Moody Awori and Hon. Dr. Enoch Kibunguchy, MP, Assistant Minister for Public Health as well as the key players in the field of sexual and reproductive health and rights on the continent. This was a rare opportunity for the ARSRC to engage with this specialised audience through a series of activities including a panel, an exhibition and a cocktail reception.

Panel on Sexuality and Social Justice

The ARSRC panel on “*Sexuality and Social Justice*” drew a capacity crowd and high profile sexuality professionals from the ARSRC focal countries. The four guest speakers were: Associate Professor Sylvia Tamale, Dean, Faculty of Law, Makerere University (Uganda), who presented the East Africa situation in a paper titled, '*The Right to Culture and The Culture of Rights: A Critical Perspective on Women's Sexual Rights in Africa*'; Professor Jane Bennett, Head, Africa Gender Institute (South Africa), who analyzed the South African situation in a paper titled, '*Beyond Stones: Questions of Gender, Sexualities and Citizenship*'; Professor Akin Osibogun, Head, Department of Community Health, University of Lagos (Nigeria) provided useful insights into the West Africa region with a focus on adolescent health; and Dr Amal Abdel Hadi, Director,



ARSRC Information Services officer, Olusegun Sangowawa (second right) at the Amsterdam skills building workshop



ARSRC Director, Richmond Tiemoko addressing the Amsterdam meeting

New Woman Foundation (Egypt), who concentrated on sexual health and rights in Egypt.

The Centre was pleased to have a number of its Sexuality Leadership Development Fellowship (SLDF) alumni present papers at the Conference on Sexual Health and Rights. The alumni included Judith Merckel (South Africa); Godfrey Phetla (South Africa); Roseanne Njiru (Kenya); and three others who presented outcomes of their post-SLDF research projects:

Dr. Aminu Garba (Nigeria) “Addressing Sexual Health Problems in Northern Nigeria: Prospects and Challenges”

Ms. Charity Koronya (Kenya) “Determining Knowledge and Attitudes of Peer Youth Educators (PYEs) on Sexuality Education in Kenya”

Ms. Lucy Kangara (Kenya) - “Youth, Church and Sexuality in Kenya”.

1.3 Amsterdam Conference

The first of the Sexuality Resource Centres (SRC) Directors meetings for the year 2006 was held in Amsterdam from March 5-11, 2006. Besides the usual meeting, two skills building workshops on “Training and the Web resources” were also organized for other staff members of the sexuality resource centres located in USA, Brazil, India, Nigeria and the Netherlands.

The SRC Directors (including the Director of the ARSRC) who are all board members of The International Association for the Study of Sexuality, Culture and Society (IASSCS), also participated in a board meeting and the launch of the European Sexuality Resource Centre (ESRC). The official launch of the European Centre took place in Amsterdam on International Women's Day. Sexuality leaders from across the globe spoke at the ceremony which was presided over by

Saskia Wieringa, the Director of the European Centre.

Speaking at the launch ceremony, ARSRC Director, Dr. Tiemoko focused on sexuality issues in Africa. He noted that sexuality education in schools was being accused of causing early sexual initiation in children. Yet, as he stressed, the “early sexual initiation was there before sexuality education began in schools.”

Mr. Sangowawa, Programme Officer for Information Services in the ARSRC participated in the skills-building workshop on the web resources. The workshop enabled staff working in the various sexuality resource centres to network, share experiences and expertise, and work out web-based dissemination and communication strategies.

1.4 Leaving the Comfort Zone: Sexuality Dialogue at Al-Azhar University, Cairo November 9, 2006

Against all odds, the ARSRC, in partnership with the International Islamic Centre for Population Studies and Research (IICPSR), hosted the International Sexuality Forum's public event at the heart of the famous and powerful Al-Azhar University. The event entitled: “Public-Private Partnerships for the Promotion of Sexual Health and Well-Being” focused on the need for partnerships (public-private as well as public-public) to successfully address sexuality issues.

Two cases provided the basis for the discussion: the innovative e-learning project of the Latin America Sexuality Resource Centre in Brazil and the case of partnership implemented by IICPSR in Egypt. The e-learning project in Brazil was a collaboration between the Government of Brazil and Latin American Centre to tackle discrimination; especially discrimination based on race, gender and sexual orientation. It is an innovative project to train teachers online. The Egyptian case was based on a partnership between IICPSR and the United Nations Population Fund (UNFPA) to address sexual and reproductive health in rural areas.

In the discussion that ensued, participants recognised the bold step taken by the Brazilian Government; as many countries would not even prioritize gender

discrimination, let alone homophobia.

A participant observed that it will be important to provide sexuality education in Egyptian public schools similar to what was being implemented in some private schools. Another participant called for a strong partnership between academic institutions and civil society organizations.

Many thought that talking about sexuality at Al-Azhar would be impossible. As one observer pointed to the Director of the Centre: “How did you ever think of talking about sexuality at Al-Azhar?”

By organizing this event, the ARSRC confirmed its commitment to public dialogues on sexuality issues in Africa.

1.5 Post-Graduate Medical College Conference

The Director of the Africa Regional Sexuality Resource Center and the Programme officer for Research and Documentation both attended and presented papers at the 2nd Annual Scientific Conference of the National Postgraduate Medical College of Nigeria with the theme: “Health Security in the 21st Century: Challenges Facing the Nigerian Health System”. The conference, which was held at the Sheraton Lagos Hotel and Towers, 12th -13th September 2006, drew the participation of the best of the medical profession in Nigeria as well as students of the postgraduate Medical college.

The director, Dr. Tiemoko, presented a paper titled “Health Security for young Nigerians in the context of HIV: Issues for Consideration” and Programme Officer for Research and Documentation, Arit Oku-Egbas presented a paper titled “*Peering Through The Keyhole: Marriage, Sexuality, HIV& AIDS and the Implications for Public Health*”.

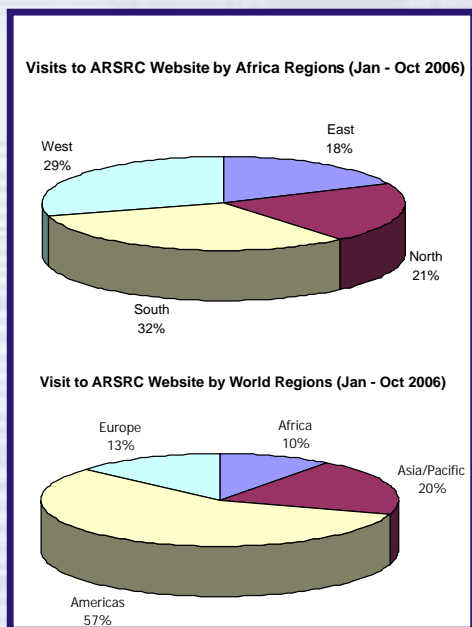
The seminar provided a rare opportunity for networking between ARSRC staff and medical practitioners from different parts of Nigeria and dissemination of ARSRC publications.

2

Increasing Access to Sexuality Resources

2.1 Library Acquisitions

The Library has acquired about 500 titles this year ; bringing the number of book titles to about 1700. The Centre acquired new titles in over 25 subject areas including: Youth Sexuality, Sociology and Anthropology, Quantitative and Qualitative Research Methods, Social Interaction, Culture and Institutions, Sexual Rights, Sexuality and Law, and Sexuality and Social Work, amongst other interesting areas. The resource centre also houses a rich collection of periodicals, including: African Journal of Reproductive Health; Sexualities; Culture, Health and Sexuality; Journal of Adolescence; Violence against Women; Men and Masculinities and many other interesting journals and periodicals.



2.2 ARSRC Website

The ARSRC Home Page has featured key thinkers and scholars on sexuality issues in Africa based both in and outside the continent who have explored a variety of subject areas. Ruth Omondi, from Kenya, wrote on the “Gender and the Political Economy of Sex Tourism in Kenya's Coastal Resorts”. Ifi Amadiume's “Sexuality, African Religion-Cultural Traditions and Modernity: Expanding the Lens” has been much read and downloaded across the globe. Also featured on the website in 2006 was Irungu Houghton's “Regaining Control: Realising Women's Rights to Control Their Own Sexuality, Well-being and Reproductive Health in Africa”.

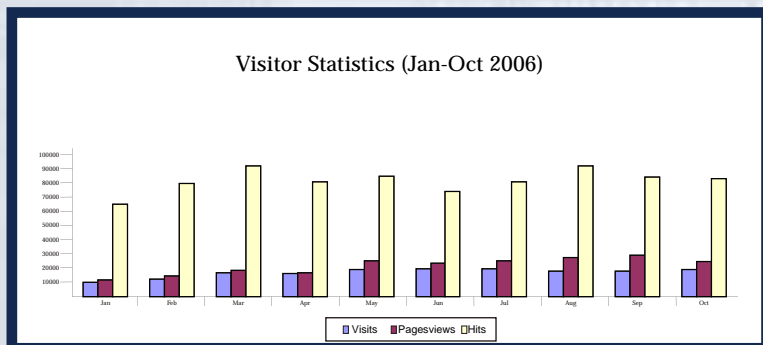
The web statistics for January to October 2006 provide an indication of just how much traffic the website received in 2006. In the month of March (which featured the papers from the first quarter edition of the Understanding Human Sexuality Seminar Series), the website recorded the highest number of monthly hits and page views at 88,407 and 17,494 respectively. The highest numbers of visits to the website at 18,687, was recorded in July, the month of the annual Sexuality Leadership Development Fellowship Training.

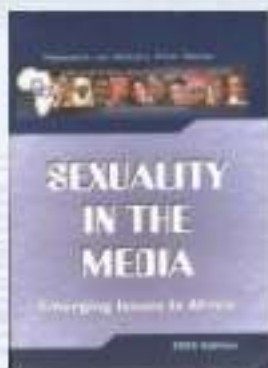
2.3 Publications

The ARSRC's major publications *Sexuality in the Media*, *Sexuality in Africa Magazine* and the seminar series annual publication continued to be published in 2006. The ARSRC publications were much sought after in various fora where they were disseminated.

Sexuality in the Media

Sexuality in the Media: Emerging Issues in Africa (2005 Edition) published in 2006 with a foreword by Ralph Akinfeleye, professor of Journalism and





² The Global Dialogue on Sexual Health and Well-Being, an initiative supported by the Ford Foundation was initiated in 2002. The programme consists of three principal components: four resource centres on sexuality in each of the geographic regions in which the Foundation has offices; a National Advisory Council and National Consensus Process on Sexual Health in the USA; and an International Working Group on Sexuality and Social Policy.

Mass Communication at the University of Lagos, examined the content of stories, editorials, opinion and other articles published in Africa's print and electronic media with a focus on sexuality, sexual health and right issues. A second edition of the publication is expected out in early 2007. The Sexuality in the Media publication was in high demand by journalists and others who attended the 2nd Africa Conference on Sexual Health and Rights in Nairobi.

Sexuality in Africa Magazine

The Sexuality in Africa Magazine is a quarterly publication of the ARSRC that features analytical and contemporary issues and debates in the areas of Sexuality, Sexual Health and Rights in Africa. Articles reflect a holistic and comprehensive approach to sexuality; taking sexuality discourse beyond health to incorporate broader issues of the expression of sexuality without guilt, fear or stigma.

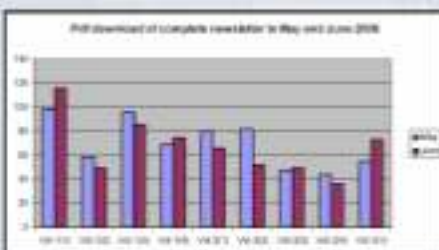
Four issues of Volume 3 of the magazine were published in 2006 and focused on the following themes:

- Youth, Sexuality And Marriage In Africa (Vol. 3 Issue 1)
- Sexuality Beyond Reproduction (Vol 3 Issue 2)
- Cultural, Religious Beliefs And Healthy, Pleasurable Sexuality (Vol 3 Issue 3)
- Healthy And Responsible Sexuality: Lessons From People Living Positively (vol 3 Issue 4)

Evaluation of Sexuality in Africa Magazine

This section provides some interesting excerpts from an in-depth evaluation of the *Sexuality in Africa* magazine. The evaluation was conducted by members of the Global Dialogue's² external evaluation team from the Thomas Coram Research Unit, Institute of Education, University of London.

The case study examined the development and dissemination process of the magazine, and the views of those who have contributed to the development of the magazine and those who have either read or are its intended audience.



In particular, the case study aimed to:

Elicit a range of views on the magazine and identify some of the

challenges involved in producing and disseminating it;

Assess the reach of the magazine across the Centre's four focus countries; and

Put forward suggestions for further development in relation to the magazine's content, format and distribution.

In preparing the case study, the evaluation team used different approaches - a content analysis of the magazine; *Sexuality in Africa* download data; telephone and face-to-face interviews with contributors and readers; focus group discussions with current and potential readers; and a questionnaire distributed to current readers of the magazine.

Why Professionals Contribute to the Magazine

The research found that professionals who had contributed an article to the magazine identified a number of different reasons for having done so. One South African academic saw it as an opportunity to support an Africa-based resource, a sentiment shared by professionals who had agreed to review articles for the magazine. A Nigerian academic commented, "it is in the nature of Africans to want to communicate ideas I am a teacher so I wanted to share my ideas and see how people would respond to them."

An East African doctoral student based outside Africa felt that contributing provided her with an opportunity to "get published quickly [and] add a line to my CV". The motivation of seeing one's work in print more quickly (than would be possible with a submission to an academic journal) was further emphasised by two Egyptian contributors, who felt the magazine offered them the opportunity to reach a wider and more diverse audience than academic journals did.

The fourth reason given for contributing, that of professional development, was also supported by one of the peer reviewers. Finally, the magazine was seen by some respondents as a forum in which less experienced African professionals could gain experience in publishing, or as an opportunity for academics to make public ideas and data which had not been previously published elsewhere.

The fact that the magazine focuses on Africa, and prioritizes contributions from Africans was seen as the magazine's key strength. The magazine's engagement with the concept of sexuality was also seen as original and much needed.

“The magazine is the first time we have something that gives you an idea of what sexuality is” (academic from Nigeria, regular reader of the magazine).

“Sexuality is a new area of work and there are very different levels of Understanding”; an academic from Kenya and also a reviewer for the magazine observed.

“The sociological focus of the articles is useful; it adds to the mainly clinical sexual health research we have to work with” said a researcher in an NGO in Nigeria.

Impact of the Magazine

The impact of the magazine on respondents was evaluated via a question which inquired if there had been any positive outcomes for contributors, peer reviewers and audience as a result of supporting the magazine.

Two-thirds of the readers who completed the questionnaire felt the magazine had been very, or extremely useful to their work, and 70 per cent said that the magazine had improved their understanding of the concept of sexuality a lot.

This data suggests the magazine plays an important role for professionals with an interest in sexuality in Africa.

Proceedings of the Understanding Human Sexuality Seminar Series 2006

The ARSRC has an agreement with Jacana Media in South Africa to publish the proceedings of the seminar series held in Egypt, Kenya, Nigeria and South Africa in 2005. The publication is currently being co-edited by Dr. Maticka-Tyndale, University Professor and Canada Research Chair in Social Justice & Sexual Health at the University of Windsor, Canada and Dr. Richmond Tiemoko, Director, ARSRC. Dr. Frederick Torgbor Sai, an internationally recognised gender and reproductive health advocate and the Advisor to the President of Ghana on HIV/AIDS will write the foreword. While Dr. Tiemoko will concentrate on the local contexts, Dr. Maticka-Tyndale will provide the global angle.



Training and Capacity Building Programmes

The ARSRC implements two core training programmes; the Sexuality Leadership Development Fellowship (SLDF) that takes place annually in Lagos for three weeks and the Africa Sexuality Institute which takes place on rotation basis in the focal countries. The 2006 edition was hosted by the ARSRC's partner institution in Northern Africa, the International Islamic Centre for Population Studies and Research (IICPSR), Al-Azhar University, AL Darrassa, Cairo, Egypt from November 17 -23, 2006

In 2006, the ARSRC also hosted four interns and three youth assistants who spent from one to three months with the Centre each.

3.1 Sexuality Leadership Development Fellowship



2006 Fellows

Change in Attitude Following SLDF Training

Participants affirmed that their attitudes changed in the following ways:

- ? My attitude towards the field of sexuality has changed
- ? I learned to respect diverse religious and cultural opinions
- ? I am more gender-sensitive

The Sexuality Leadership Development Fellowship (SLDF) 2006 took place in Lagos, Nigeria from July 10-28, 2006. Seventeen Fellows graduated in the 2006 edition of the Fellowship. The ARSRC implements the SLDF as one of the main strategies for achieving the objective of nurturing and building professional capacity in the emerging field of sexuality; and building links between kindred organizations and individuals in Africa working on sexuality issues.

The call for applications attracted 177 applicants from six countries. Through a rigorous process, 18 fellows were selected. Unfortunately, at the point of commencement, one of the Egyptian candidates could not join the programme.

The training was structured with three thematic weeks that covered both theory and practice. Week 1 on theoretical and conceptual perspectives provided an introduction to the field of sexuality. Week 2 explored the intersections of sexuality and development issues and showed how central sexuality is to human development in Africa. Week 3 - From Theory to Practice - explored and promoted concrete skills and actions to promote healthy sexuality.

Child Sexual Abuse and Monitoring and Evaluation of Sexual & Reproductive Health Programmes were two new areas of focus introduced in the 2006 edition of the SLDF. The Monitoring and Evaluation module was introduced in response to the key concerns raised during the evaluation of previous SLDF programmes.

Research / Action Project : A Case Study

Throughout the duration of the fellowship, participants worked individually on developing their proposals and fine-tuning their research instruments and methodologies for their research /action projects. On their return to their respective bases, each fellow received a grant to support their 6-month project. Below are three example of

the post fellowship projects.



Stella Muchiti Mulama is working on the research topic “The Sexuality Education Needs of Teacher Trainees in Kenya: An Advocacy Action”. In the opening pages of her mid-term report, she explains why she chose the particular topic. She said : “The success of a school based sexuality education programme is directly affected by the knowledge and expertise of the teachers involved in the teaching of the subject”. She is developing a draft curriculum for training of teachers and also organising a planned advocacy campaign to sensitize key stakeholders on the need for teachers to receive sexuality education training. Her advocacy programme will involve innovative use of email and other modern communication tools.



Luphert Chilwane's project is titled “Traditional Male Circumcision: Exploratory Research”. This is quite an unusual topic and will explore the relevance and benefits of “mountain or bush” male circumcision. He observes: “in South Africa, circumcision is conducted in different settings. .. it is conducted in the mountains or bushes where there is little or no contact with the outside world... the most important element in the traditional practise is that the process of healing should remain natural; that is, no medication may be applied to the wound”. Chilwane hopes to conduct focus group discussions with members of three ethnic groups the Pedi, Ndebele and Xhosa which will provide rich material for his project.

Tom Abongo's project is titled, “Working for a Pleasurable and Healthy Sexual Life for the LGBT Community.” Abongo, a Kenyan, aims to draw the attention of health and state authorities in Kisumu to the specific health needs of the LGBT community. Noting the challenges that he is facing in conducting his research, Abongo reports in his mid-term report “under Clause 160-165 of our Penal Code, homosexuality is a criminal offence and one can be sentenced to a period of not less than fourteen years if found guilty. All participants in my research are not willing to be photographed”.

List of post-fellowship projects by 2006 Sexuality Leadership Development Fellowship

Dr. Hassan Haitham Mahmoud - Egypt	Sexuality Education in Egypt: Teachers' Perspectives
Dr. Mohamed Elsayy Mohamed - Egypt	The Opinion of the Medico-Social Staff about AIDS-Related Stigma and how to Reduce it.
Dr. Samy Shaban Mahmoud - Egypt	Social Impact of Sexual Violence Among Married Women in Alexandria
Mr. Anthony Odek - Kenya	Sexuality Education and its Health Implications on the Sexually active Adults of Mageta Islands
Mr. Bala Emmanuel Bwala - Nigeria	Facilitating the Integration of Family Life and HIV Education in Adamawa State
Mr. Luphert Chilwane - South Africa	Rural Boys: Traditional Male Circumcision and Sexuality Exploratory Research Study
Mr. Peter D. Mancha - Nigeria	Youth Awareness Programme on HIV/AIDS and Sexuality in Plateau State
Mr. Tom Ochieng Abongo - Kenya	Working for a Pleasurable and Healthy Sexual Life of the LGBT Community
Mrs. Chinyere Fred-Adegbulugbe - Nigeria	Nigerian Media for Sexuality
Mrs. Clementina O. Osezua - Nigeria	Enhancing Family Structure Among the Edos of Nigeria and the Phenomenon of Women Trafficking and Forced Transactional Sex.
Mrs. Modupe Taiwo - Nigeria	Access of in-school Young People with Physical Impairment to Sexuality Education in Osun State, South West, Nigeria
Mrs. Theresa Oluwafunmilayo Adekola - Nigeria	Building The Capacity of Social Workers in Lagos State in Addressing Sexual and Reproductive Health Issues Among Their Clients
Ms. Emmah Nungari Munyabu - Kenya	Parents Response Towards Sexual Violence Against Boys in Nairobi
Ms. Lindiwe Farlane South Africa	Personal Testimonies of Young Women Living with HIV in a South African Town with Regard to Sexuality
Ms. Mimi Malatji South Africa	Peer Talks: Promoting Safer Pleasurable Sex Among Youth
Ms. Nokuthula Skhosana South Africa	Exploring School-Going Adolescents' KAP in Relation to STD Prevention and Management in Soweto, South Africa
Ms. Stella Muchiti Mulama - Kenya	The Sexuality Education Needs of Teacher Trainees in Kenya: An Advocacy Action Plan



Participants: Sexual and Reproductive Health and Rights Within Marriage Institute, 17-23 November 2006, Sonesta Hotel Cairo Egypt

3.2 The Africa Sexuality Institute

The Africa Regional Sexuality Resource Centre in collaboration with The International Islamic Centre for Population Studies and Research, Al Azhar University, Cairo Egypt, organised the third edition of the annual Africa Sexuality Institute.

Over a decade ago the world recognized sexual and reproductive health and rights at the International Conference on Population and Development (ICPD) held in Cairo. Twelve years later, ARSRC and IICPSR at Al-Azhara organised the Sexuality Institute in Cairo to examine health and rights issues in marriage.

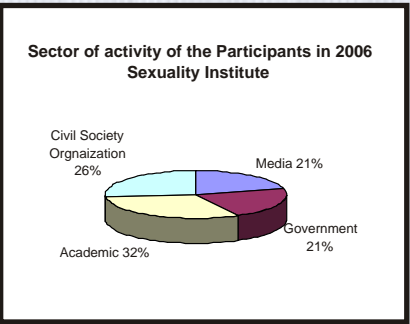
The workshop aimed at addressing sexual and reproductive health and rights issues within marriage so as to promote individual and community well-being through healthy and caring marital unions.

The call for applications attracted over fifty responses from highly qualified professionals from five countries. Nineteen professionals (including a self-sponsored media professional) participated in this workshop.

The workshop examined marriage in contemporary Africa and noted that the institution of marriage has evolved. Various forms of long-term sexual relationships between adults are coexisting in contemporary Africa and this situation has heightened the politics of marriage. Same sex unions, secret marriages, 'come we stay', and 'living together apart' arrangement have become part of the socially recognized (but not always accepted) long-term relationships along the usual form of marriage.

The more marriage fails, the more it becomes necessary, argued Dr. Bhana from South Africa. She further questioned whether marriage as an institution produces equitable gender and sexual relations.

"For marriage to remain meaningful and relevant to individuals and especially to the younger generation, it has to promote the sexual and reproductive health of



Group work at the Cairo Institute

**A Participant's Observation
on the Africa Sexuality
Institute in Cairo**

'I benefited mostly from learning of diversity of marriage and sexualities. I believe it is each participant's responsibility to share as well as receive new information.

I enjoyed networking opportunities, learning about each country, bringing my knowledge and skills to benefit other countries". (Dr Marlene Wasserman; popularly known as Dr Eve).

the partners and protect their rights," said Dr Tiemoko of the ARSRC. Some of the issues discussed at the Sexuality Institute included:

- What is marriage? Is marriage a defining category and an institution that can promote equity?
- Reproductive technology, rights and health / Technology, sexual Pleasure and Marriage
- Pre and post-marital sexual well-being : *Marriages can sustain themselves without sex outside marriage, if we assume that different forms of sexuality are prevalent, why is it not so within marriage? Why don't we encourage couples to go beyond intercourse? (A participant)*
- Beliefs and the silencing of sexual pleasure: why pleasure is silenced. Whose pleasure is denied? How are culture and beliefs used to silence and deny the sexual pleasure of some categories of the population?
- HIV/AIDS and marriage
- Family planning, abortion, and health within marriage
- Body, dress and sexuality in marriage
- Ageing and sexual life in marriage
- Policy issues and responses
- Programming: involving the community
- Mobilizing the media and academia for SRH & rights in marriage

3.3. Internship Programme

In 2006, the ARSRC inaugurated its internship programme and hosted three interns, two Nigerians and a Cameroonian, Mrs. Enobong Young Usen, Mrs. Tolulope Ola and Mr. Roussel Azanfack. Mrs. Usen, a lawyer, found her internship experience interesting and exciting as the area of sexuality was a new field to her. During her term at the ARSRC, she reviewed sexuality related issues in the Nigerian Constitution and also did some preliminary work on medical negligence and malpractices in relation to maternal mortality in Nigeria. Azanfack, a Cameroonian Mathematician who is fluent in French and English, said he gained knowledge in sexuality education which is an area of interest for him. While at the Centre, he developed a user-



Azanfack at his workstation while with the ARSRC

Ms Chukwudi Okonkwo

“ When I started working in the ARSRC on the 6th of September 2006, I desired two things basically (1) to get my allowance at the end of the month and (2) to contribute my little quota. But now I realise that the ARSRC has made a greater impact on my life than I ever imagined. I have had the opportunity to meet so many wonderful people, to expand my knowledge on sexuality issues, to develop my interpersonal skills and to acquire new skills”.



friendly electronic database for the registration of library users. He also translated some ARSRC documents and contributed to updating the French version of the ARSRC website.

Mrs. Ola, a doctoral student at the University of Ado-Ekiti in southwest Nigeria edited some ARSRC documents and contributed an article, “Taking the Pain Out of Fertility” to the ARSRC's Sexuality in Africa Magazine Volume Three Issue 2.

The late Ms. Ajoke Fatusi also served as an intern with the resource centre on secondment from Action Health Incorporated and made a major contribution to the success of the Sexuality Leadership Development Fellowship 2006. She will be dearly missed. May her soul rest in perfect peace.

3.4 Youth Assistantships

The resource centre hosted two youth assistants in 2006 Mr. Alex Bassey of the University of Ibadan and Ms. Chukwudi Okonkwo of the Department of Modern European Languages, University of Lagos.

Youth Corper

A member of the National Youth Service Corps (NYSC), Mrs. Ijeoma Alisa joined the ARSRC in 2006. She will spend one year with the Centre on a youth service programme which is mandatory for fresh Nigerian graduates. She holds a Bachelor's in English Literature from Abia State University in the southeast of Nigeria.

3.5 News From Our Associates

In the 2006 ARSRC received some heartening news from some of its alumni and faculty members of the Centre's training programmes

Dr. Ahmed Ragab, a member of faculty of the Sexuality Leadership Development Fellowship received the Egyptian National Award for his scientific work. He was also appointed professor.



Professor Akin Osibogun, head of the Department of Community Health in the University of Lagos, Nigeria, the ARSRC's institutional partner in West Africa, was appointed the Chief Medical Director (CMD) of the Lagos University Teaching Hospital.

Prof. Gamal Serour, Director of the IICPSR, Egypt, the ARSRC's institutional partner in North Africa, was elected the president of the International Federation of Gynaecologist and Obstetricians (FIGO).

Alumni News



Dr. Shams El Gammal (Egypt) SLDF 2005

“...I have opened a specialized clinic for reproductive and sexual health called (El Ahram Health Clinic) where I offer sex counselling services. I have also earned the membership of the International Society of Sexual Medicine, and I am about to register in the American Academy of Clinical Sexologists for a PhD in Sexology, while I am working on complete my Doctorate degree in Urology...”



Oyedokun Amos Olugbenga (Nigeria) SLDF 2005

“I got the Postgraduate Merit Award to take up my PhD studies in the University of the Witwatersrand, South Africa. In addition, I have received Third Country DAAD Scholarships for the second and subsequent years based on my progress report. The award is tenable from May 2007. I also attended a training programme - Longitudinal Data Management and Analysis under the African Population Studies Training Programme, University of Colorado, United States from June 12th 23rd, 2006.

I presented a paper titled "The Socio-demographic and Economic

Factors Influencing Use of Modern Contraceptives Among Women in Selected Areas of Osun State, Nigeria" at the First Annual Conference of the Population Association of Southern Africa (26-29 September, 2006), University of the Witwatersrand, South Africa.

My abstract titled "Domestic Violence and Constrained Contraceptive Choices in Selected Areas of Osun State, Nigeria" was accepted for poster presentation at World Association of Sexual Health conference in Sydney, April 2007."

Dr. Aminu Garba - SLDF alumnus 2005 received a British Chevening Scholarship and is currently enrolled in the MSc Public Health (MPH) programme in the London School of Hygiene and Tropical Medicine.

Tina Osezua (Mrs) SLDF 2006 attended a fellowship at the University of Pretoria

4

2007's Programmes

2007 promises to be both rewarding and challenging. The Centre will build upon the dividends of the past three years as a key player in sexuality, sexual health and rights programming on the continent (in terms of human, social, resource and knowledge capital built) to position itself as the Pan -African organisation expanding and shaping the discourse, thinking and action on the continent in favour of healthy, respectful, responsible and pleasurable sexuality.

In pursuance of this goal, the Centre will be strengthening and streamlining its programmes to be more efficient, effective and goal-driven.

The Understanding Human Sexuality Seminars will continue in the ARSRC's focus countries of Egypt, Kenya, Nigeria and South Africa. The Please see Appendix 3 for the proposed themes for 2007.

Please see Appendix 4 for the 2007 (Vol 4) and 2008 (Vol. 5) themes proposed for *Sexuality in Africa Magazine*, the Centres flagship publication.

The proposed location of the *Africa Sexuality Institute 2007* is Nairobi, Kenya, renowned for its beautiful tourist attractions

5

Acknowledgements

ARSRC wishes to acknowledge the contributions of numerous stakeholders and institutions without whom, the Centre would not have achieved the level of success recorded in the implementation of its 2006 programmes.

The scholars and sexuality professionals who readily gave of their time and expertise to review the manuscripts for *Sexuality in Africa Magazine*

The staff and associates of the ARSRC's partner institutions and other individuals who contributed immensely to the success of the Understanding Human Sexuality Seminar series hosted in the ARSRC focal countries

The creative and inspiring members of faculty and facilitators of the ARSRC's training programmes

The institutions that we network with across the continent who ensured in 2006 that our information, calls for papers and other announcements were widely publicised

Our alumni in 2006 who have joined our body of alumni located in different parts of the continent who remain the Centre's ambassadors and advocates

Our consultants, suppliers and service providers who were there for us, when we needed them and provided service support to ensure that the Centre continues to run hitch-free

Appendix 1 Capacity Building Programme Beneficiaries

Appendix 1 Capacity Building Programme Beneficiaries

Sexuality Leadership Development Fellowship 2006

EGYPT

Dr. Hassan Haitham Mahmoud
Dr. Mohamed Elsayy Mohamed
Dr. Samy Shaban Mahmoud -

KENYA

Mr. Tom Ochieng Abongo
Ms. Stella Muchiti Mulama
Ms. Emmah Nungari Munyabu
Mr. Anthony Odek - Kenya

NIGERIA

Mr. Peter D. Mancha
Mr. Bala Emmanuel Bwala
Mrs. Theresa Oluwafunmilayo Adekola
Mrs. Clementina O. Osezua -
Mrs. Chinyere Fred-Adegbulugbe
Mrs. Modupe Taiwo

SOUTH AFRICA

Mr. Lophert Chilwane
Ms. Nokuthula Skhosana
Ms. Lindiwe Farlane
Ms. Mimi Malatji

Africa Sexuality Institute 2006

EGYPT

- Mona Hassan Bur
- Dr. Adel Botros Zaghloul
- Dr. Mona El-Sayed Mohamed Hassan
- Dr. Ahmed Aziz Roshdy
- Dr. Amina Mokhtar Abdou
- Dr. Hala Mohamed El-Damanhoury

KENYA

Dr. KAMAU Nyokabi
Dr. CHEBET Susan
MS. GODIA Jane Achieng
Dr. HAGEMBE Bilhah Om'mbango N.

NIGERIA

Ms. ABDULLAHI Safiya Tahir
Dr. AJUWON Ademola Johnson
— Ms. AKINLEMBOLA Monica Taiwo
Ms. EMA Felicia Inyang

SOUTH AFRICA

Prof. DEEVIA Bhana
Dr. MAHRAJ Pranitha
Dr. WIRZ Heinz P.
Dr. WASSERMAN Marlene
NOBANZI Dana

Appendix 2 2007 Resource Persons

A.A. Olowu	Hossam Bahgat
A.P. Omamor	Jane Bennet
Ahmed R.A Ragab	Joan Shepherd
Akinsanya Olayide Osibogun	John Cornwell
Amal Abdel Hadi	Josephine Effah-Chukwuma
Ari Seirlis	Judith King
Asma'u Joda	Julia M G Watson
Asunta Wagura	Karabo Mokobocho-Mohlakoana
Babatunde Ahonsi	Khamasi Jennifer Wanjiku
Benjamin C. Mbakwem	Kola Oyediran
Bhana Deevia	Kopano Ratele
Carla Sutherland	Linda Richter
Cecilia Rachier	M Taylor
Cheikh Ibrahima Niang	Maryam Omolara Quadri
Chichi Undie	Mathabo Motalingoane-Khau
Chieme Ndukwe	Maureen Kambarami
Chinyere Carol Phyllis Nnorom	Mervat Mahmoud Mohamed
Daniel Jordan Smith	Mourad Hassanein
Desiree Lewis	Muita Wairimu
Dorothy Aken'Ova,	N N Nyawo
Dr. Bola Udegbe	Nkolika Ijeoma Aniekwu
Elias Gikundi	Nosipho Nyawo
Eno B. Ikpe	Ogunbameru A. Olakunle
Funmi Bammeké	Olabisi Idowu Aina
Gamal I. Serour	Olusegun Sangowawa
Gilbert Herdt	Pandu Hailonga-van Dijk

Appendix 2 2007 Resource Persons (Continued)

Penny Jaffray
Princess OlufemiKayode
R Sathiparsad
Radhika Chandiramani
Richmond Tiemoko
Rob Pattman
Rolake Odetoyinbo Nwagwu
S B Dlamini
Saadhna Panday
Sanya Osha
Sarah Onyango
Sergio Carrara
Sophie Oluwole
Stella Nyanzi
Sylvia Tamale
Thabisile Buthelezi
Thembi Maxamba
Tinuola Femi Rufus
Uju Edebeatu
Uwemedimo Uko Esiet
Yinka Ekpe
Yinka Falola-Anoemuah
ZN Mfono

Appendix 3 Understanding human sexuality seminar series 2007.

The public dialogue for healthy, responsible and pleasurable sexuality will hold in the four focus countries in the second half on 2007. The themes for this year are:

Food, The Body And Sexuality In Africa
Sexuality Beyond Chronic Illness.

For more information on the dates and location of the seminar in each region, please contact us or our regional partners:

East Africa: Population Council, Nairobi
Population Council
General Accident Insurance House
P.O Box 17643
00500 Nairobi,
Kenya
www.popcouncil.org

North Africa:
International Islamic Centre for Population Studies and Research
Al-Azhar University 1161
P.O. Box 1894
Cairo, Egypt
www.iicpsr-alzhar.org

Southern Africa:
Health Systems Trust
11th Floor Devonshire House
49 Jorrison street, Braamfontein, 2017
Johannesburg, South Africa
www.hst.org.za

West Africa
Department of Community Health
Lagos University Teaching Hospital (LUTH)
Idi-Araba, Lagos, Nigeria

Appendix 4 Sexuality in Africa Magazine Volumes 4 & 5 (2007-2008)

CALL FOR ARTICLES AND PICTURE

Sexuality In Africa Magazine Volume 4 and 5.

ARSRC seeks articles and picture on the following themes of Sexuality In Africa Magazine. Articles should be 1000-1500 words long.

THEMES FOR THE COMING TWO VOLUMES

Sexual Health and Rights in Marriage This issue of the magazine will critically explore sexuality in marriage from the right and health perspective. Contributions will interrogate the relevance of sexual rights in marriage in Africa as well as the extent to which marriage promote sexual health and rights. The magazine will also discuss various existing frameworks (legal, religious, traditional) of marriage and their contributions to the promotion of sexual rights.

Socialization and sexual expression This issue will discuss male and female socialization in Africa. It will investigate sexuality education/information and sexual script included in children's socialization and how this in turn affects sexual expressions.

? **Sexual Pleasure and Fantasy in Africa: Then and Now** The existence of sexual pleasure and fantasy in African Sexual scripts is increasingly

being acknowledged. Contrary to some beliefs, sexual pleasure and sexual fantasy are not the invention of the younger generations nor are they imported. This issue of the Magazine aims to discuss, document, explore and analyze sexual pleasure and fantasy in historical and contemporary Africa.

Safety and sexuality Violence is increasingly endangering individual and collective sexual experiences. The name of the *Project Alert on Violence Against Women*' annual publication on violent acts against women in Nigeria *No Safe Haven*' aptly capture the insecurity inherent in an environment that harbours or promotes acts of violence against women. Addressing sexual violence in Africa requires understanding the notions of safety, space and sexuality. This Issue of the magazine will focus on space, safety and sexuality.

'Unusual Marriage' and sexual health and Rights in Africa Undoubtedly, marriage remains an important and valued social institution as well as the main location of 'approved' sexuality. For many stakeholders, marriage appears as a control mechanism of 'socially acceptable' sexuality. Interestingly, the values attached to and the centrality of marriage have recently revitalized the politics of that institution. What is marriage, who

should be married, to whom, when and where have therefore become major contentious issues in the politics of marriage. What is however clear that marriage is evolving especially among the youths. *Urfi* (or Secret Marriage) in Egypt, *Vat-en sit* in South Africa, *Come we stay* (Kenya), *informal marriage* (West Africa) and same-sex relationship are just some of the emerging forms of long-term relationships that will be the focus of the magazine. Contributions will address, amongst others, the following question: What are the prevalence, meaning and sexual health implications of these hitherto unusual marriages/unions?

- Technology, sexuality and reproductive rights in Africa: Technology is fast affecting ways of life in Africa even though the level of Technology penetration in the continent is quite limited compared with the level in other part of the world. Yet access to Global service for mobile communication (GSM) and the Internet is growing at one of the fastest rates in the world. Another technological development likely to affect sexual life and relationship in Africa is the availability of sex toys/aids and drugs for sexual dysfunction. Contributions to this edition of the magazine will explore and analyze the effect of these Technological developments on sexuality in Africa. One of the questions to be resolved is how and to what extent technology could foster sexual pleasure and health within the social, legal and religious framework.

- Transactional and commercial Sex: Facts, issues and policy implications This edition of the magazine will explore and analyze fact and controversies on transactional and commercial sex. Some of the key questions for consideration are: What are the level, forms and factors of these practices? What policies and programmes are needed to address the issues of sexual health and well-being related to the practice of transactional sex, commercial sex and sex tourism?
- Food, body and sexual well-being This issue of the magazine will explore the relationship between food, the body and sexual well-being. Contributions will look at the sexualization of the body and food and the extent to which this process contributes to individual sexual well-being in contemporary Africa. The contributions will explore issues around femininity, masculinity and nutrition.

